



Hockey

PITCH MEASUREMENTS

Measures 91.4m (100yd) long by 55m (60yd) wide.

FIELD QUARTERS

There are 23m (25yd) zones running parallel to the back lines. The centre being the 50 yard line and the other two lines being 25 yard lines from the outer edges of each back line.

A line is marked 14.63m (16yd) and 5m (5.47yd) from the inner edge of the back line, on the sidelines and on either side of the field. These lines measure from 30cm (12in) long.

PENALTY CORNER HITS

Marked on both sides of the goal at 5m (5.47yd) and 10m (10.95yd). This measurement is taken from the outer edge of the closest goal post to the furthest edge of the line. These marks are 30cm (12in) in length and placed outside the field of play, on the backlines.

Two 150mm (6in) lines are marked outside the field of play on each back line, parallel with the side lines, 1.83m (2yd) from the centre of the back line.

PENALTY SPOT

The centre of this spot must be 6.4m (7yd) from the inner edge of the goal line and 15cm (6in) in diameter.

GOAL AREAS

Marked by 2 quarter circles from each of the goal posts with radius 14.83m (16yd) and connected by a 3.66m (4yd) line.

A broken line is to be marked 5 metres from the outside edge of the semi-circle. Each line marked to be 30cm in length, with a gap between each line of 3m. Start with a solid line at the centre of the top of the semi-circle.

GOAL POSTS

Placed at the centre of the goal line and measure 2.13m (2.32yd) high and 3.66m (4yd) wide.

LINE WIDTH

7.5cm (3in) wide.

COLOUR

Traditionally white but yellow may be substituted on synthetic grass pitches.

